energycafé

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For our meal menus, meal offers deals and offers check out check out the sport park intranet!

If you have any suggestions or specific dietary requirements please speak

Check Out our new budget boosters range!







breakfast

cereal

Special K, Cornflakes, weetabix and crunchy nut cornflakes £0.85

yoghurts

Fruits of the forest or muesli and yoghurt £1.10

toast

Granary or white bread with a portion of Flora or butter £0.35

breakfast bap

Select from bacon, sausage, veggie sausage – any 2 items £2.30

hot lunch

soup

Soup of the day	£1.35
Soup and roll	£1.70

simply spuds

Plain jacket	£1.70
Tuna and mayonnaise	£2.80
Grated cheese (v)	£2.80
Baked beans (v)	£2.80
Coleslaw (v)	£2.80
Chicken tikka	£2.80
Extra topping (per portion)	£1.10

hot meal

Daily dish (please see weekly Menu)	
Meat	£3.95
Vegetarian	£3.75

hot snacks

Snack of the day	£3.05
Sausage rolls	£0.95
Potato wedges	£1.70

light lunch

salad pots

Small salad bowl	£2.10
Take away salad box	£2.60
Large Salad Bowl	£3.60
Meat or fish salad	£4.60

fresh filled baguettes

£1.70	£2.15	£2.50
	£1.70	£1.70 £2.15

fresh filled sandwiches

Assorted sandwiches	£1.40	£2.30
Assorted suridividues	21.70	22.00

paninis

Assorted fillings	£3.25

Snacks and confectionary available

somethi	ng s	weet

Flapjacks	£0.95
Fresh fruit	£0.35
Fresh fruit salad pots	£1.00

Regular

hot beverages

	Negulai	Laige
Espresso	£1.20	£1.45
Cappuccino	£1.20	£1.45
Hot chocolate	£1.20	£1.45
Americano	£1.20	£1.45
Mocha	£1.35	£1.70
Latte	£1.20	£1.45
Tea	£0.90	£0.95
Speciality and flavoured tea	£0.90	

soft drinks

330ml cans	£0.85
500ml spring water sports bottle	£1.00
330ml Water	£0.50
200ml Juice carton	£0.50

http://campuslife.lboro.ac.uk



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